

## SIES COLLEGE PAST STUDENTS' ASSOCIATION

{Registered under the Societies Act, 1860-BOM-422/77.
Registered under the Bombay Public Trust Act. 1950-F-4644(Bombay)}
C/o SIES College of Arts, Science and Commerce

Sion (West), Mumbai -400022. Email: siesascs.psa@gmail.com.

SIES College Past Students' Association as a mission fosters a spirit of adherence towards one's alma mater amidst the present student populace as well as its alumni and to promote the general welfare of the College. We seek to provide social and professional networking opportunities, facilitate, and strengthen the ties between alumni, their alma mater, and the community.

The association have been continuously supporting the institute in various welfare activities during the academic year 2023-24 such as:

- Sponsored an Inter-collegiate Paper Presentation Competition "Jignyasa," on 13<sup>th</sup> March 2024.
- Hosted "Career Fair 2024" in association with Placement Cell and Various associations of SIES Arts, Science and Commerce (Empowered Autonomous) along with Rotary and Leo Club, on 5<sup>th</sup> March 2024.
- Co-hosted along with Staff Common Room in the felicitation function of the retired teaching and non-teaching staff.
- Lecture series in memory of Late Dr. Rajalakshmi Amudan jointly organized with ACTREC, Mumbai Immunology Society, and Department of Biotechnology, on 21st December 2023.
- Lecture-cum-demonstration on the theme 'Prana: The Life Force' by Mr. Christopher Fernandes, Author, Martial Arts Trainer and Research Scholar on the occasion of International Day of Yoga, in association with Department of Philosophy, NSS & NCC, on 21<sup>st</sup> June 2023.

We aim at generating funds to facelift Classrooms and carry out extension activities by involving illustrious alumni in delivering lectures, conducting professional development training & fostering academia-industrial collaborative events.

Dr. Kamala Srinivas

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**PSA Secretary** 

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Sion (West), Mumbai - 400 022.

#### REPORTS

Title of the Workshop/ Event: International Day of Yoga, Prana: Life Force.

Background: To help students understand the motive behind Yoga with its cause and effect.

**Aims/Objectives**: To initiate the students to urge more actively in the practice of Yoga, elaborating on its spiritual, moral and health beneficial merits.

Location: Mini Auditorium and Quadrangle, SIES College of Arts, Science and Commerce (Autonomous)

### Target audience/participants with expected number:

Total of 48 Participants (Females – 27, Males – 21)

Date of the activity: 21st June 2023

Name of Resource Persons/Organizers: Mr. Christopher Fernandes

**Outcome/Feedback:** The event was acknowledged by student participants as well as the staff and as a result enhanced and changed students' views towards perceiving Yoga as an ideal way of enhancing and soothing their emotions with tranquility.

Funding if any: NSS Unit

**Report:** The Tattvam Philosophy Association, jointly with the NCC and NSS units of SIES and SIES Past Students' Association commemorated the International Yoga Day on 21st June, 2023. The theme for this year's International Yoga Day lecture cum demonstration was 'Prana Life Force'. The lecture aimed to provide the learners with the external knowledge of life/prana as a cosmic force and how one is able to feel its existence. 'The clearance of one's psyche results in a clear state of mind'. The event was attended by staff members and students who thereby made this lecture-cum-demonstration a grand success.

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#### **Even Flyer:**



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Annexure I: Attendance record

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Annexure II: Photographs





Students and Staff members attending the lecture-cum-demonstration by Mr. Christopher Fernandes in the Auditorium.





Students and Staff members participating in the live demonstration of the Asanas led by Mr. Christopher Fernandes in the quadrangle.

Dr. Kamala Srinivas PSA Secretary

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Title: Superannuation of Teaching and Non-Teaching staff

**Objective:** To felicitate retired teaching and non-teaching staff of SIES College of Arts, Science and Commerce (Empowered Autonomous), Sion (W) as follows:

- 1. Mr. Sharad Deore on 30th November 2023
- 2. Mrs. Manju Vivek Singh on 31st January 2024
- 3. Mrs. Geetha Iyer on 31st January 2024

Venue: Mini-auditorium, SIES College of Arts, Science and Commerce (Empowered Autonomous), Sion (W)





Dr. Kamala Srinivas

**PSA Secretary** 

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**Title of the Seminar/Workshop/Conferences:** Dr. Rajalakshmi Amudan Lecture Series 2023.

**Background:** Dr. Rajalakshmi Amudan Lecture Series was organised by ACTREC Alumni Association, Mumbai Immunology Society, **SIES College Past Student's Association** and Department of Biotechnology.

**Aims/Objectives:** Know your enemy - Cancer and conquer with Immune Army. Cancer screening and support awareness abhiyaan - 6

**Location:** Mini-auditorium, Ground floor, SIES College of Arts, Science and Commerce (Autonomous), Sion West.

Target audience/participants with expected number: All biotechnology and Life Science students and teachers.

Details of Sessions: Dr. Kshma Vairagi from Preventive oncology department, TMH gave a brief idea about prevention and detection of cancer, tests for cancer and types of treatment. Ms. Khushali Pandit, Quality control manager CART and cell therapy centre ACTREC explained about basics and awareness in Human Immunity. Dr. Suryatapa Saha, Assistant Professor-E, Department of Transfusion Medicine & Blood Centre, Tata Memorial Centre, Advanced Centre for Treatment, research and Education in Cancer (ACTREC), Kharghar, Navi Mumbai briefed about safety, importance, conditions and post donation care to be taken for platelet donation. The sessions were followed by Quiz conducted by Akhila George, PhD student from ACTREC. Gifts for the speakers and PhD student were sponsored in kind by Past Student's Association and Principal Dr. Uma Shankar, SIES College of Arts, Science and Commerce.

### Session and names of Resource Persons:

Concept note: Dr. Jyoti Kode

Basics of Cancer awareness - Symptoms and treatment: Dr. Kshama Vairagi

Basics and awareness in Human Immunity & Importance of CarT Cell Therapy in Cancer Management: Ms. Khushali Pandit

Platelet Donation Awareness: Dr. Suryatapa Saha.

Quiz - Cancer & Immunology Quiz Masters: PhD student.

**Expected outcome:** To make the audience aware about the importance of early detection of cancer and platelet donation.

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### annexure 1: Details of Resource person:













ACTREC Alumni Association, Mumbai Immunology Society, SIES College Past Students' Association & Department of Biotechnology

jointly organizes

# DR. RAJALAKSHMI AMUDAN LECTURE SERIES 2023

Know Your Enemy - Cancer & Conquer With ImmuneArmy Cancer Screening and Support Awareness Abhiyaan - 6

Venue: Mini-Auditorium, Ground floor, SIES College of Arts, Science and Commerce (Autonomous), Sion (W), Mumbai - 22

Thursday, 21st December, 2023

A Program

10.00am - 10.05am

Inauguration and Welcome Principal, Dr. Uma Shankar

10.05am - 10.10am

Dr. Jyoti Kode, Pl, ACTREC, Kode Lab & Secretary, AAA Dr. Tara Menon, Vice-Principal, Head, Dept. of Biotechnology

10.10am - 10.40am

Basics of Cancer Awareness – Symptoms & Treatments, Dr. Kshama Vairagi, Preventive Oncology Dept., TMH, Tata Memorial Centre

11.00am - 11.20am

Basics and awareness in Human Immunity & Importance of CarT Cell Therapy in Cancer Management Ms. Khushali Pandit, CarT Cell Dept., ACTREC, Tata Memorial Centre

11.25am - 11.40am

Platelet Donation Awareness Dr. Shashank Ojha, Head, Dept of Blood Transfusion, ACTREC,

Tata Memorial Centre

11.45am - 12.15pm

Quiz - Cancer & Immunology Quiz Masters: PhD students, ACTREC

12.20pm - 12.30pm

Vote of Thanks vini Upasani, In-charge, Academic and Project Cell, ACTREC & SCOPE Cell and Dr. Subi Yoosuf, SIES College

Event Co-ordinators: Dr. Ojaswini Upasani, ACTREC

Dr. Tara Menon, SIES College

ACTREC Alumni Association Mumbai Immunology Group & SIES PSA

# Gift of life

Prevention - Early Detection and Timely treatment of cancer: With increased incidence of cancer in India, Government of India has expanded the National Cancer Control Programme with greater emphasis on cancer prevention and early detection through screening for common cancers. There is also a parallel programme for improving the treatment facilities in all the states and in different regions of each state. We take this opportunity to provide information regarding the risk factors, symptoms and signs of the common cancers in our country and how timely screening could save lives.

Cancer Research at ACTREC: Sixty years ago, Prof. Khanolkar, our founding director, laid the foundation of cancer research in the country. Over these years, work at CRI / ACTREC has established the risk factors and genetic alteration in many cancers. Researchers here have studied how some normal cells become cancerous and start uncontrolled multiplication and then develop secondary spread to other organs. At each step, these cells acquire many changes or mutations in some important genes which in turn control the proliferation or apoptosis of these cells. While majority of cancers occur due to life-style factors such as tobacco or some viral infections (HPV), about 5% of cancers are hereditary, occurring due genetic mutations inherited from parents germ cells (Ova or sperm). Research at ACTREC has identified some gene mutations that are particularly common in specific geographical regions or communities in India and result in very high risk of developing hereditary or familial cancers.

This is our small effort to make people aware about this and help you utilize benefits of the link with association to save someone's life.



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### Annexure 2: Attendance Record

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Annexure 3: Photographs of Seminar/Workshop

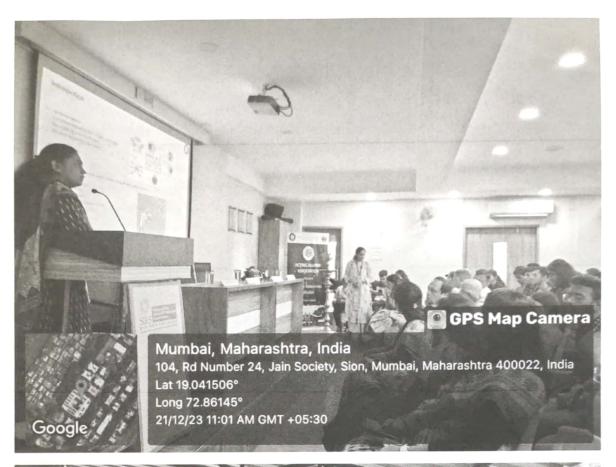


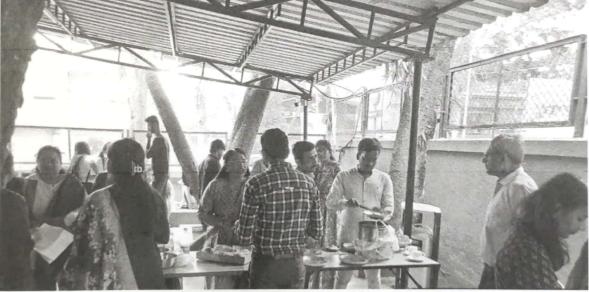


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Title of the Seminar/Workshop/Conferences: Career Fair 2024

**Objectives:** To facilitate industry and student interaction for career guidance and job prospects

Location: Quadrangle and Mini-auditorium, Ground floor, SIES College of Arts, Science and Commerce (Autonomous), Sion West.

**Target audience/participants with expected number:** All last year Undergraduate and Post-graduate students (400 students + 100 volunteers)

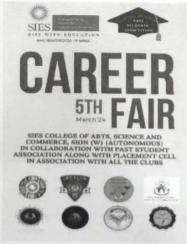
### Companies attended:

- 1. GTEC Jain Keerti Education
- 2. SIES School of Business studies
- 3. SIES School of Comprehensive Education
- 4. SIES School of Packaging & SIES Indian Institute of Environment Management
- 5. Life Insurance Corporation of India
- 6. IDP Education India Pvt. Ltd.
- 7. Teach for India
- 8. EbixCash
- 9. Computrain Study Abroad

**Details of session:** The day unfolded with a series of meticulously curated seminars and workshops, offering invaluable insights into various facets of career advancement. Seasoned industry experts took the stage, enlightening attendees on the nuances of resume crafting, interview techniques, and strategic career planning. These sessions not only equipped the participants with practical skills but also instilled confidence in them to navigate the dynamic job market landscape.

In essence, the Fair was not merely an event but a catalyst for personal and professional transformation. As participants departed with newfound knowledge, connections, and aspirations, they carried with them the spirit of empowerment and possibility, poised to make meaningful contributions to the world.

**Expected outcome:** To acquaint the audience about the different career and internship opportunities.



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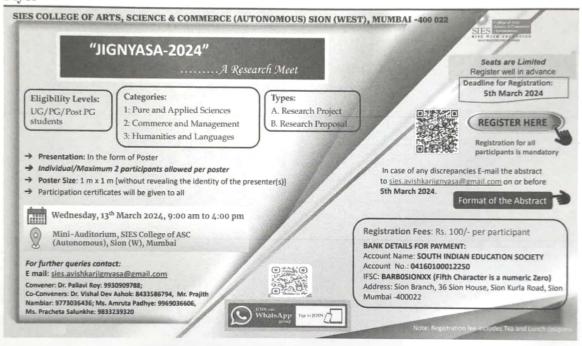
Title of the Seminar/Workshop/Conferences: Jignyasa 2024: A research meet

**Objectives:** To create a platform for researchers to share insights, discoveries and fostering collaborations.

Location: Mini-auditorium, Room no. 2 and 3, Ground floor, SIES College of Arts, Science and Commerce (Autonomous), Sion West.

Target audience/participants with expected number: Undergraduate and post-graduate students from various colleges across Mumbai (104 students)

#### Flyer



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### Photographs:



Dr. Kamala Srinivas PSA Secretary

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